

# High School Breakfast Menu September 2023

## Meal Price:

**Paid: \$2.75**

Adult Breakfast Meal: \$2.78+tax

## More Info...

**Daily Milk Offerings:** 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

**Daily Fruit Offerings:** Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

## Available Daily:

- Fresh Baked Muffins
- Fresh Baked Donuts
- WG Cereal or WG Cereal Bars

**Please Note:** (WG) denotes whole grain, (P) denotes item may contain pork

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.

- Grain (all grain offerings count as 2 items)
- Fruit (must pick 1)
- Milk (pick up to 1)

**WELCOME BACK  
TO SCHOOL**

- 🍎 Indicates a fresh produce.
- 🌀 Denotes item prepared from scratch or speed scratch.

**FREE LUNCH  
WEEK!  
SEPTEMBER  
11<sup>th</sup> – 15<sup>th</sup>**

1

**No School  
Summer Recess**

4

**No School  
Summer Recess**

5

Chocolate Filled Crescent Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

6

Turkey Pancake Wrap Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

7

WG French Toast Sticks Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

8

Sausage (P) Biscuit Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

11

WG Pancake Bites Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

12

Chocolate Filled Crescent Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

13

Turkey Pancake Wrap Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

14

WG French Toast Sticks Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

15

Sausage (P) Biscuit Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

18

WG Pancake Bites Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

19

Chocolate Filled Crescent Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

20

Turkey Pancake Wrap Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

21

WG French Toast Sticks Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

22

Sausage (P) Biscuit Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

25

**No School  
Yom Kippur**

26

Chocolate Filled Crescent Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

27

Turkey Pancake Wrap Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

28

WG French Toast Sticks Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

29

Sausage (P) Biscuit Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P),  
Egg & Cheese on Bagel 🌀  
Fruit of the Day 🍎  
Milk of the Day

